

EDEM CLINIC

UKRAINE

«EXPRESS BODY REGENERATION» PROGRAM 3 day

Are you tired of everyday super speed life in the megacity? Then you need this program. It will allow you to renew your body for a short period of time.

Express manipulations are aimed at stimulating your body at fast pace. The secret lies in dietary nutrition that will improve metabolism. As a result of this, extra weight will disappear, the body will change significantly and will get saturated with micronutrients and vitamins.

A variety of balneotherapy and massages in the program "Express Body Regeneration" will enhance and boost the regeneration processes of your body, will give strength and energy.

Diagnostics:

The number of procedures:

- Opatra Skin Analyzer 3D skin diagnostics _____ 1

Procedures:

- Hipoxy gym training (alternate vacuum action simulator) _____ 2
- Dry carbonic acid gas bath _____ 1
- Energy shower (sport Charcot's shower) _____ 1
- Underwater manual lymph drainage massage _____ 1
- Mud and phytotherapy with floating _____ 1
- Energy massage (Vichy shower) _____ 1
- Deep tissue massage _____ 1
- Procedure for forming a flat stomach «Krioplast» _____ 1
- Cellulite Therapy with Marine Mud and Seaweed _____ 1

Dietetics and nutrition:

- Healthy Life nutrition menu _____ 3
- Detox phytotherapy _____

Additional options:

- Visiting a SPA zone (a swimming pool, a gym, a Roman sauna, a bath, a Finnish sauna, armchairs hammam, a hydromassage mini swimming pool, Swiss shower (circular shower), Kneip track, an ice fountain and a phytobar)
- Group fitness training classes (Scandinavian walk, training with Black Roll, aquaaerobics, TRX, Bit Zone, morning gymnastics, Fly yoga)
- No floating accommodation rate

Note:

- The Program cost excludes accommodation.

The total investment in your health:
32 850 UAH

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