

EDEM CLINIC

UKRAINE

«RECOVERY» PROGRAM (for people who suffered as a result of armed conflict of the russian federation against Ukraine)

7 days

with the support of charitable and
social initiative "FREE PEOPLE Edem"

The social mission of Edem Clinic is to restore the quality of life to people who suffered as a result of the armed conflict of the Russian Federation against Ukraine. The medical rehabilitation program is designed to rehabilitate patients with the consequences of injuries received during military operations. The services provided are not universal, the clinical filling of the program takes place after a multidisciplinary consultation by Edem Clinic specialists. The goal of the program is early and timely restoration of the victim's quality of life using combined scientific-medical, balneological-natural, cultural-recreational approaches.

Indications for admission: referral from medical institutions in accordance with the agreement on the provision of charitable assistance. The transfer from the medical partner facility takes place at the decision of the multidisciplinary team of Edem Clinic.

Diagnostics:

The number of procedures:

- Doctor consultation and supervision during the program (initial review, final consultation with recommendations) _____ 1
- Comprehensive consultation and supervision of an orthopedist-traumatologist (initial consultation, dynamic follow-up, final consultation) _____ 1
- Laboratory diagnosis after consultation with an orthopedist-traumatologist _____ 1
- Comprehensive diagnosis of the body for the content of minerals, vitamins, accumulation of heavy metals and determination of oxidative stress _____ 1
- Consultation of a psychotherapist _____ 1

Rehabilitation procedures:

- Hydro-, phyto- and aromatherapy _____ 6
- Segmental-reflex massage _____ 6
- Physical recovery session (conducted by a rehabilitation specialist under the supervision of an orthopedist-traumatologist) _____ 7
- Physical recovery session _____ 1

Dietetics and Nutrition:

- Nutrition menu _____ 7

Additional options:

- Visiting a SPA zone (a swimming pool, a gym, a Roman sauna, a bath, a Finnish sauna, armchairs hammam, a hydromassage mini swimming pool, Swiss shower (circular shower), Kneip track, an ice fountain and a phytobar)
- Group fitness training classes (Scandinavian walk, training with Black Roll, aquaerobics, TRX, Bit Zone, morning gymnastics, Fly yoga)
- Accommodation _____ 7

