

EDEM CLINIC

UKRAINE

COMPLEX DIAGNOSTICS OF METABOLISM IN CHILDREN *3 days*

A combination of the unique experience of pediatricians and nutritionists, fast and highly accurate instrumental and laboratory diagnostics. Within 3 days, an analysis of the child's state of health will be carried out and the peculiarities of metabolism and the causes of excess weight will be determined. The program consists of a comprehensive assessment of the state of health, eating behavior, laboratory screening of metabolic factors, analysis of body composition (56 parameters), complex diagnostics for the content of minerals, vitamins and heavy metals in combination with SPA relaxation.

GOALS of the program:

- Assessment of specific health, nutrition, and metabolic risks.
- Study and assessment of the characteristics of the child's metabolism.
- Identification of the main risk factors for the child's metabolic disorders with the aim of their correction.

The program is intended for boys and girls from the age of 11 and their parents who are concerned about the health of their children.

Diagnostics:

The number of procedures:

- | | |
|---|---|
| ▪ Complex consultation of a pediatrician (initial consultation offline and final consultation online) | 1 |
| ▪ Nutritionist consultation (initial consultation offline and final consultation online) | 1 |
| ▪ Laboratory screening "Edem, children" (52 indicators) | 1 |
| ▪ Complex ultrasound of organs (liver, gall bladder, bile ducts, pancreas, spleen, kidneys, bladder, adrenal glands, thyroid gland) | 1 |
| ▪ Analysis of body composition inbody 770, 56 parameters | 1 |
| ▪ Comprehensive diagnosis of the body for the content of minerals, vitamins, heavy metals and determining the level of oxidative stress (Oligoscan) | 1 |

Additional options:

- Visiting a SPA zone (a swimming pool, a gym, a Roman sauna, a bath, a Finnish sauna, armchairs hammam, a hydromassage mini swimming pool, Kneip track, contrast bath and a phytobar)
- Group fitness training classes (Scandinavian walk, training with Black Roll, aquaerobics, TRX, Bit Zone, morning gymnastics, Fly yoga)

We recommend food:

- Ala carte Full board (Panorama restaurant)
- Healthy Life diet menu (Panorama restaurant)
- Menu of DeVine restaurant, Terrace restaurant

Note:

- The Program cost excludes accommodation.

**The total investment in your health:
46 000 UAH**

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