

# EDEM CLINIC

UKRAINE

## «FOR MEN 35+ YEARS OLD» PROGRAM 3 days

The goal of this program for men is to recover physically, affect the improvement of skin quality, launch of the mechanisms of hair growth recovery, prevention of age-related changes, as well as examination of the state of the body for the presence of vitamin and mineral deficiencies, the accumulation of heavy metals that affect the condition of the skin and provoke hair loss.

You will be accompanied by a dermatologist who provides appropriate recommendations through the entire program.

Thanks to the procedures included in the program, the systems responsible for removing exo- and endotoxins, free radicals are strengthened and the level of oxidative stress in the body is reduced. As a result, you will receive toned, radiant, healthy skin and launch the process of restoring hair growth.

### Diagnostics:

### The number of procedures:

|                                                                                                                                     |   |
|-------------------------------------------------------------------------------------------------------------------------------------|---|
| ▪ Consultation and observation of a dermatologist -cosmetologist with the recommendations                                           | 1 |
| ▪ Skin diagnostics on the digital imaging analysis system                                                                           | 2 |
| ▪ Body composition analysis (56 parameters)                                                                                         | 1 |
| ▪ Basic diagnosis of the body for the content of minerals, vitamins, their ratio and determination of the level of oxidative stress | 1 |
| ▪ Individual selection of vitamins and microelements according to the clinical condition and deficiency conditions                  | 1 |

### Procedures:

#### 1st day

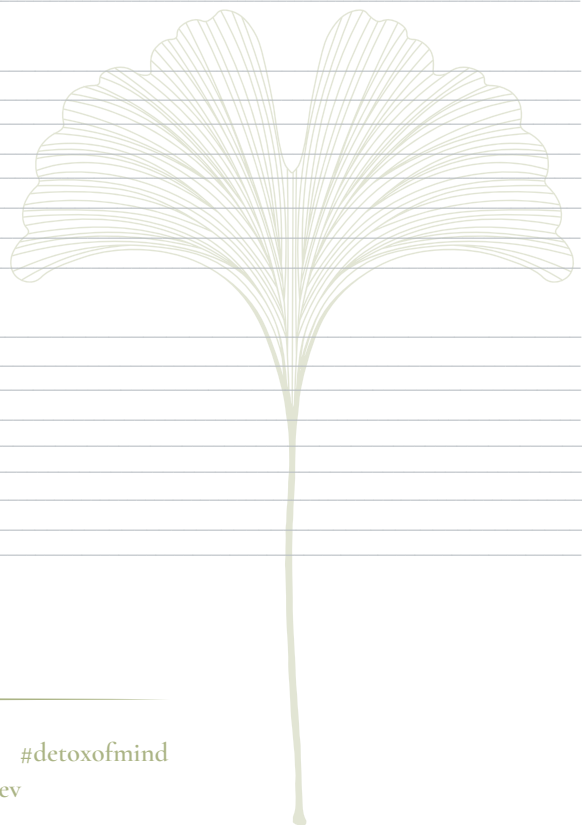
|                                                                                          |   |
|------------------------------------------------------------------------------------------|---|
| ▪ Hardware body sculpting                                                                | 1 |
| ▪ Reflex myolifting aesthetic therapy                                                    | 1 |
| ▪ Vacuum hydropeeling «Absolute Effect»                                                  | 1 |
| ▪ Refreshing and nourishing procedure - care with professional cosmetics Forlled (Japan) | 1 |
| ▪ LED therapy                                                                            | 1 |
| ▪ Food supplement with tripeptide collagen (Japan)                                       | 1 |

#### 2nd day

|                                                                   |   |
|-------------------------------------------------------------------|---|
| ▪ Hydromassage bath                                               | 1 |
| ▪ Wrapping on a spa-bed                                           | 1 |
| ▪ Charcot Shower                                                  | 1 |
| ▪ Vitamin dropper detox type                                      | 1 |
| ▪ Non-injection oxygen mesotherapy. Nutrition with collagen sheet | 1 |
| ▪ LED therapy                                                     | 1 |
| ▪ Collagen hands restoration                                      | 1 |
| ▪ Food supplement with tripeptide collagen (Japan)                | 1 |

#### 3rd day

|                                                       |   |
|-------------------------------------------------------|---|
| ▪ Hardware sculpting of the body                      | 1 |
| ▪ Connective tissue massage                           | 1 |
| ▪ Scalp treatment (Fotona)                            | 1 |
| ▪ Scalp plasma therapy Regenlab                       | 1 |
| ▪ Removal of blood vessels or neoplasms *             | 1 |
| ▪ Laser aesthetics LaseMD + TA illumination           | 1 |
| ▪ Polynucleotide therapy Plinest Newest: face, neck)* | 1 |
| ▪ LED therapy                                         | 1 |
| ▪ Food supplement with tripeptide collagen (Japan)    | 1 |



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## Additional options:

- Visiting a SPA zone (a swimming pool, a gym, a Roman sauna, a bath, a Finnish sauna, armchairs hammam, a hydromassage mini swimming pool, Swiss shower (circular shower), Kneip track and a phytobar)
- Group fitness training classes (Scandinavian walk, training with Black Roll, aquaaerobics, TRX, Bit Zone, morning gymnastics, Fly yoga)
- We recommend visiting the Panorama restaurant for balanced meals during the program

## Note:

- The Program cost excludes accommodation.
- \* This procedure is carried out on an as-needed basis and is not included in the program price.

**The total investment in your health:  
91 800 UAH**

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