

EDEM CLINIC

UKRAINE

SPA DAY «RELAXATION»

SPA Day Relaxation was created for those who dream of an island of peace and long-awaited relaxation. Rest for the body and soul will be given to you by lymphatic drainage and relaxing methods, author's Ayurvedic ritual and aromatherapy. The result of this program is the balance restoration of your body.

Description of treatment:

The number of procedures:

- | | |
|--|---|
| ▪ Hydro-, phyto- and aromatherapy | 1 |
| ▪ Calming massage Mono Local SPA | 1 |
| ▪ Relaxing & Lymphatic Drainage Facial Massage | 1 |
| ▪ Aroma Anti-Stress Body Wrap | 1 |

Additional options:

- Visiting a SPA zone (a swimming pool, a gym, a Roman sauna, a bath, a Finnish sauna, armchairs hammam, a hydromassage mini swimming pool, Swiss shower (circular shower), Kneip track, an ice fountain and a phytobar)
- Group fitness training classes (Scandinavian walk, training with Black Roll, aquaerobics, TRX, Bit Zone, morning gymnastics, Fly yoga)

Note:

- The Program cost excludes accommodation.
- The SPA Day may be offered with and without lodging.
- It is recommended to supplement the SPA Day with the nutrition at the Panorama restaurant.

The total investment in your health:
16 100 UAH

#edemyouself #edemclinic #detoxofmind
© dr_bashkirtsev

